CHAT WITH YOUR NEIGHBOR AND NURSE

HOSTED BY:
KATIE ROOSE
MSN, RN, CPNP-PC

Clackamas & Oregon Pediatrics

Overview

Meet Katie

COVID-19 Conversations

Becoming Their Instructor

Enriching Your Child's Learning

Influencers to Follow

CHAT WITH YOUR NEIGHBOR AND NURSE

MEET KATIE ROOSE

MSN, RN, CPNP-PC

Background:

- Pediatric Nurse Practitioner at Clackamas and Oregon Pediatrics
- Provides wellness and illness care to kids from newborns to age 22
- Mother of 16 month old son, William

Fun Facts:

Moved to Oregon 5 years ago from Boston
Loves Cooking & Baking

AS PARENTS, WE NEED TO MAINTAIN OUR EMOTIONAL AND MENTAL HEALTH.

We owe this to ourselves as well as to our children.

MANAGE YOUR ANXIETY ABOUT COVID-19

WWW.VIRUSANXIETY.COM

COVID-19

How to have the conversation with your children:

- Reactions to Expect
- Guides to Reference
- Oregon Pediatrics' Telehealth Services

QUESTIONS?

TOGETHER - WE CAN DO THIS.

BECOMING THEIR TEACHER

- ClassroomMagazines.com
- BrainPop.com
- ParentToolKit.Com
- IXL.com

Enrich Them in Non-Academic Ways

SOCIAL MEDIA INFLUENCERS TO FOLLOW

@7daysofplay

@nytparenting

@kristinatoddler approved

@dayswithgrey

@busytoddler

QUESTIONS?

@oregonpediatrics

@Clackamas_OP

Stay tuned for more Webinars & Resources

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